

The Twelve Steps

Study of these steps is essential to progress in the Al-Anon program. The principles are universal, applicable to everyone whatever your personal creed. In Al-Anon, we strive for an ever-deepening understanding of these Steps, and pray for the wisdom to apply them to our lives.

1. We admitted we were powerless over alcohol-that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

AL-ANON FAMILYGROUPS

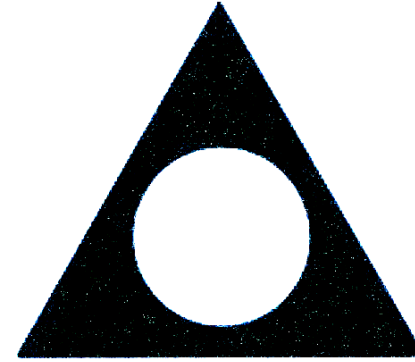
Group changes call:
Rosy 352-331-2353
North Florida Area
Info: 1-800-292-6489
World Service
Info: 1-800-344-2666
E-mail WSO@al-anon.org



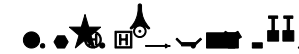
AL-ANON/ALATEEN

www.al-anon-alateen.org
District meetings held the third Saturday of each odd month, with meetings rotating between Ocala and Gainesville. Call Dian Houlton at (352)-861-2996 for more information.

North Florida Area AL-ANON FAMILY GROUPS DISTRICT 2



Gainesville and Ocala 800-851-1795
Lake City 386-755-6553
al-anon/alateen website: www.al-anon-alateen.org



WHERE AND WHEN

AL-ANON / ALATEEN MEETING SCHEDULE

- Bell • Branford • Chiefland • Dunnellon
- Gainesville • High Springs • Keystone Heights
- Lake City • Ocala • Silver Springs Shores • Starke

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.

***** All teens welcome! *****

BELL**Thursday @ 7:30 pm**Bell Serenity Group
New Hope Family Church
SR 236**BRANFORD****Friday @ 7:30 pm**Branford Group
Branford Methodist Church
405 N.W. Express Street**CHIEFLAND****Wednesday @ 5:30 pm**Wednesday Friends Of Al-Anon
First United Methodist Church
707 North Main Street**DUNNELLON****Monday @ 8:00 pm**Rainbow Lakes AFG
Peace Lutheran Church
7201 South U.S. Hwy.41**GAINESVILLE****Sunday @ 4:30 pm**Sunday Freedom AFG
Oak Park Executive Plaza
2002 N.W. 13th Street**Monday @ 12 Noon**Paths to Recovery
Parkview Baptist Church
3403 N.W. 13th Street**Monday @ 8:00 pm**Hope Al-Anon
2251 NW 41 Street
Spirit of Truth (near Atrium)**Tuesday @ 8:15 pm**Tuesday Night Solutions
Oak Park Executive Plaza
2002 N.W. 13th street**GAINESVILLE (cont'd)****Wednesday @ 12 Noon**Abundance Al-Anon
Highlands Presbyterian Church
1001 NE 16th Avenue**Wednesday @ 7:30 pm**Peace Joy and Freedom
Unity Church
8801 N.W. 39th Avenue**Thursday @ 8:00 pm**Thursday Night Family Group
St Michael's Episcopal Church
4315 N.W 23rd Avenue**Friday @ 12 Noon**Archer Road Al-Anon
Oak Park Baptist Church
4610 S.W. Archer Road.
(1/3 mile west of I-75)**Friday @ 7:00 pm**TGIF AFG Al-Anon Group
Highlands Presbyterian Church
1001 NE 16th Avenue
(Potluck business meeting last
Friday of month)**Saturday @ 7:00 pm**Saturday Night Live
Westminster Presbyterian Church
1521 N.W. 34th Street**HIGH SPRINGS****Monday @ 7:30 pm**High Springs Serenity Group
7th Day Adventist Church (upstairs)
On SR 27 Downtown**KEYSTONE HEIGHTS****Monday @ 8:00 pm**Monday Night AFG
St. Anne Episcopal Church
Nightingale Street**LAKE CITY****Wednesday @ 10:00 am**12 Steps AFG
St James Episcopal Church
581 S. W. Malone Street**Thursday @ 7:30 pm**12 Steps AFG
St. James Episcopal Church
581 S.W. Malone Street**OCALA****Monday @ 7:30 pm**Peace of Mind
Queen of Peace Church
6455 S.W. Highway 200**Monday @ 8:00 pm**Monday Gratitude
St. Mark's Methodist Church
1839 N. E. 8th Road**Tuesday @ 11:30 am**Stepping Stones AFG
First United Methodist Church
(Room 21)
1126 E. Silver Springs Blvd.**Tuesday @ 7:00 pm**We Can Group
Church of the Incarnation
9300 Spring Rd (at Pine Rd)
Silver Springs Shores**OCALA (cont'd)****Wednesday @ 1:30 pm**Serenity Group
1st United Methodist Church
Room 18
1126 East Silver Springs Blvd.**Thursday @ 8:00 pm**Serenity Evening Group
St. Mark's Methodist Church
1839 N.E. 8th Road (room 5)**Friday @ 7:30 pm**Courage to Change
West United Methodist Church
9330 S.W. 105th Street**Saturday @ 6:00 pm**Live and Let Live
730 S. E. Osceola Avenue,
CATS Bldg.**Starke**

Temporarily Disbanded

ALATEENMeeting Schedule
Gainesville**Wednesday @ 7:30pm**Peace Unity Church
8801 N.W. 39th Avenue

AL-ANON / ALATEEN "WHERE AND WHEN"

PUBLISHED JULY 2008

GAINESVILLE & OCALA Al-AnonTelephone answering service **1-800-851-1795**